



# CM 99-61

# Sit Or Get Off The Shot

**RULES:** Practical Shooting Handbook, Latest Edition **COURSE DESIGNER:** Silver Sage PC—Modifications by US Design Team

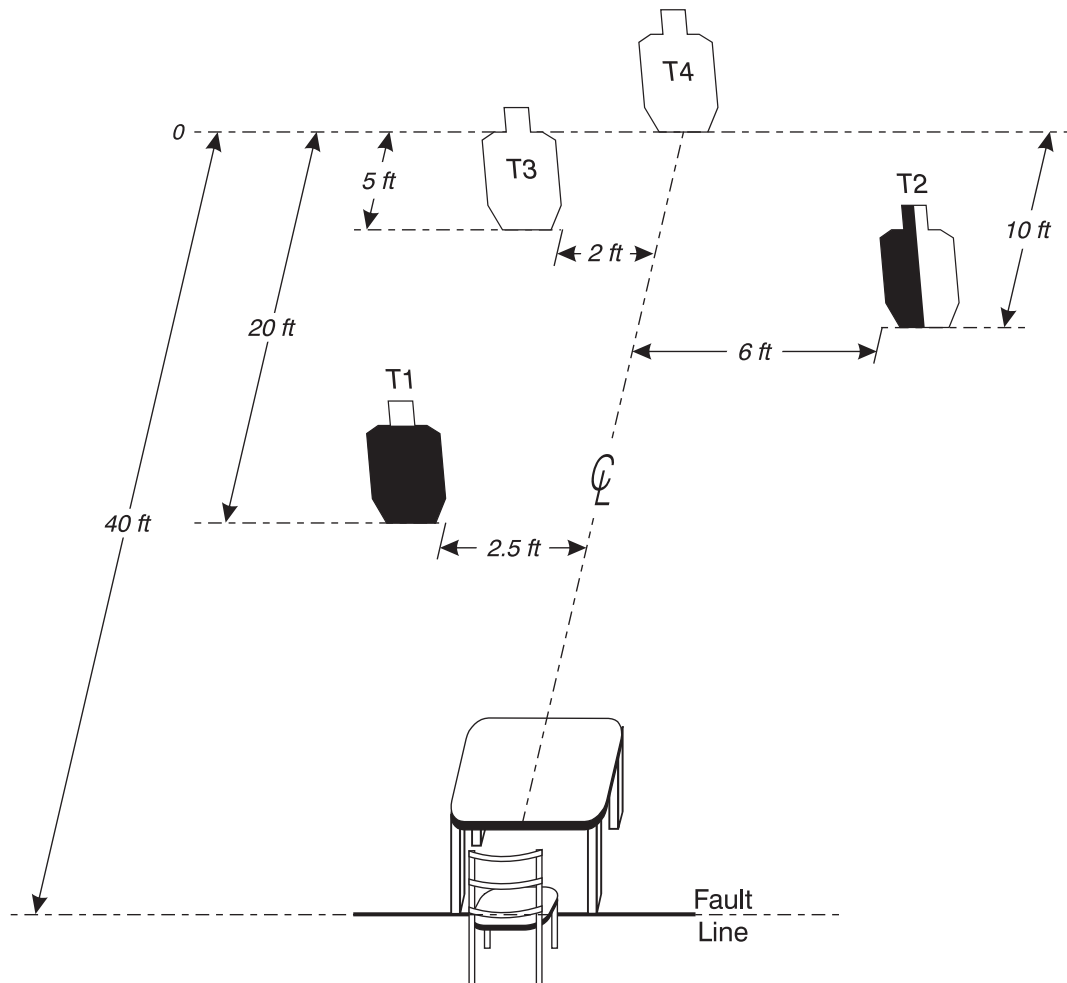
**START POSITION:** Sitting in chair, back fully against rest with both palms flat on table and knees under table.

### STAGE PROCEDURE

All strings: Upon start signal, from behind the fault line, engage T1-T4 with only one round per target.  
String 1. Freestyle.  
String 2. Strong hand only.  
String 3. Weak hand only. Draw with strong hand and transfer to weak hand.  
Jams may be cleared with both hands.

### SCORING

**SCORING:** Virginia Count, 12 rounds, 60 points  
**TARGETS:** 4 IPSC  
**SCORED HITS:** Best 3/paper  
**START - STOP:** Audible - Last shot  
**PENALTIES:** Per current edition of USPSA Practical Shooting Handbook.



**SETUP NOTES:** Set paper targets to 5 feet high at shoulders. T1 is hard cover below B zone. T2 is hard cover to vertical center of target. Table is standard card table size.

